



## **DATES/TIMES/LOCATIONS**

Registration: 8:30-9:00 am

Training 9:00 am-4:00 pm

### ■ **January 13, 2017**

Metropolis Resort

5150 Fairview Drive

Eau Claire, WI 54701

**Contact:** Carol Zabel, CESA #10

(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

### ■ **February 16, 2017**

Rogers Outpatient Services Building

Suite 180; 4555 W. Schroeder Drive

Brown Deer, WI 53223

**Contact:** Christine Kleiman, CESA #7

(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

### ■ **March 15, 2017**

CESA #9

304 Kaphaem Road; PO Box 449

Tomahawk, WI 54487

**Contact:** Lynn Verage, CESA #9

(715) 453-2141; [lverage@cesa9.org](mailto:lverage@cesa9.org)

### ■ **April 11, 2017**

CESA #2

1221 Innovation Drive,

Whitewater, WI 53190

**Contact:** Jackie Schoening, CESA #6

(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

**COST: \$35** (Lunch and snacks provided)

### **Registration or billing questions:**

Mary Devine, CESA #4

[mdevine@cesa4.org](mailto:mdevine@cesa4.org)

Send payment to:

ATTN: Mary Devine

923 East Garland Street

West Salem, WI 54669

### **PLEASE include and clearly define:**

Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!



## *Just in Time*

Traumatized youth often react to frustrations with negative or explosive behaviors that are difficult to anticipate and manage in the classroom. If you've found yourself saying, "I didn't see that coming," or "They just blew up on me for no reason," then this workshop will help. Through lecture, video and small group discussion, our full-day workshop will teach psychoeducation, behavioral prevention and early intervention skills for educators in the classroom. You will practice prevention and de-escalation strategies focused on language, body posture, tone of voice and negotiation to help you and your students feel emotionally safer so they can learn.

### **LEARNING OBJECTIVES:**

1. Understand how the "brain's danger alarm" works and how to identify trauma triggers and re-enactment cycles in the classroom. (Tier 1)
2. Learn how to use psychoeducation materials classroom-wide to provide language and strategies to manage emotional distress. (Tier 1)
3. Learn and practice "just-in-time" skills and strategies to reduce the escalation of student negative emotional behaviors. (Tier 2/3)
4. Create an intervention plan specific to a trauma (Tier 3)
5. Integrate trauma-model interventions with the Positive Behavior Interventions and Supports (PBIS) framework. (Tier 1)
6. Learn how to practice and implement mindfulness activities to improve student focus and decrease reactive emotions (Tier 1)

### **TARGET AUDIENCE:**

Teachers, administrators, support staff, and pupil services.

### **REGISTER ONLINE:**

■ **Eau Claire**—<http://login.myquickreg.com/register/event/event.cfm?eventid=17037>

■ **Brown Deer**—<http://login.myquickreg.com/register/event/event.cfm?eventid=17039>

■ **Tomahawk**—<http://login.myquickreg.com/register/event/event.cfm?eventid=17040>

■ **Whitewater**—<http://login.myquickreg.com/register/event/event.cfm?eventid=17043>